

Speaking and Community Involvement for the Introvert

By Pat Wright

Speaker: Pat Wright

- 20 years working with Data/Databases
- Was here for y2k(nothing happened)
- 5 failed DW attempts, 1 Success
- SQL Server MVP 2007,2008
- Crashed well over 50 databases in my career.
- Avid Volunteer for community events.
- Run and Manage 2 Users groups(Big Data Utah and Utah PostgreSQL meetup).



Twitter: @sqlasylum

Email: Sqlasylum@gmail.com

[Linkedin:](#)

<https://www.linkedin.com/in/patwright/>

Blog: <https://sqlasylum.wordpress.com/>

Mentor: https://bit.ly/pw_mentor

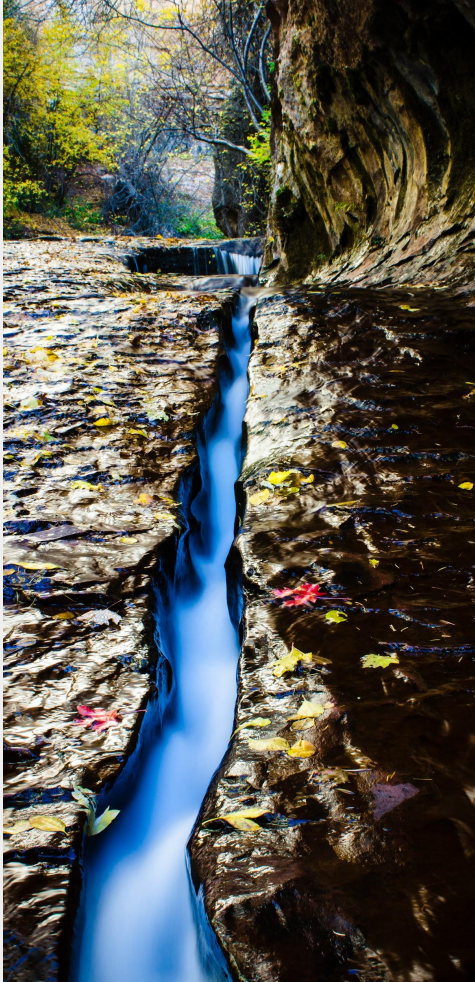
Get to know YOU!

Are you sitting next someone you know?

How many of you met someone new at this event?

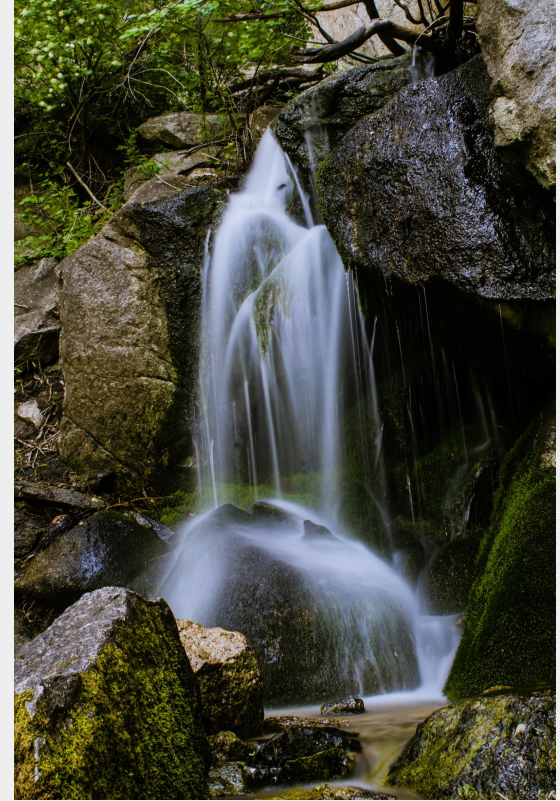
How many of you have been laid off in the past?

Why should you be part of the Community?



“People don't buy what you do;
they buy why you do it. And what
you do simply proves what you
believe”

--Simon Sinek

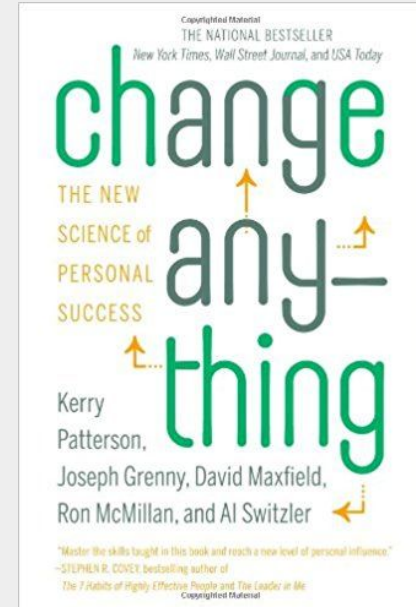


What is your Why?

1. Layoffs?
2. Return to office?
3. Better Opportunity?
4. Growing Family?
5. Other?

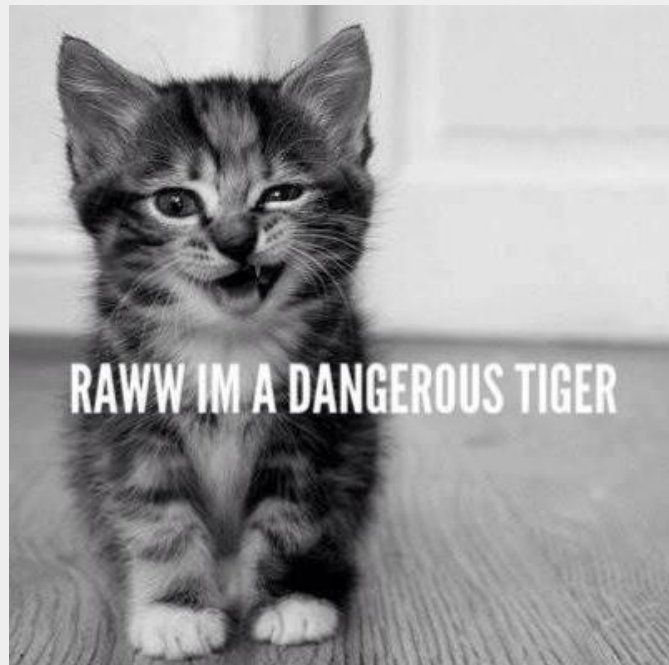
Steps

- Start With Why
- Have Passion
- Tell a Story (David Phillips)
- Pause the introvert
- Willpower is NOT the answer!



Have Passion & Overcome

20 seconds of courage



Tell a Story

I have nothing to offer?

Once upon a time



Pause the Introvert

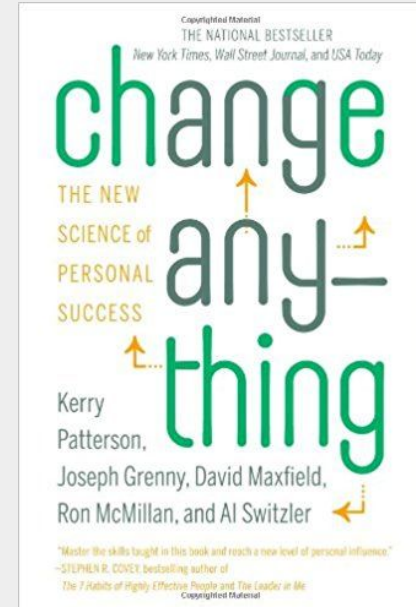
Make a Script

Be specific, Be blunt

TODAY IS GOING
TO BE A GOOD DAY
AND HERE'S WHY:
BECAUSE TODAY,
AT LEAST YOU'RE
YOU AND THAT'S
ENOUGH

Steps

- Start With Why
- Have Passion
- Tell a Story (David Phillips)
- Pause the introvert
- Willpower is NOT the answer!



Abstract/Submission

- Submit multiple sessions
- Proofread/Spellcheck
- Write for the audience you intend to have
- Make the Summary/short description clear



Prep

- Gather your data/facts
- Study and prepare slides
- Present to an empty room
- Present to others



Tell a story (<http://bit.ly/2CfN0zp>)

Demo

- Test
- Test
- Test
- Test
- Practice
- Test
- Have a Backup



Image link : https://c2.staticflickr.com/6/5086/5202454842_84e5a6dbbb_b.jpg

Day of Prep

- Confirm With organizers
- Verify room/location and times
- Drink lots of water
- Test Demo's
- Test them again

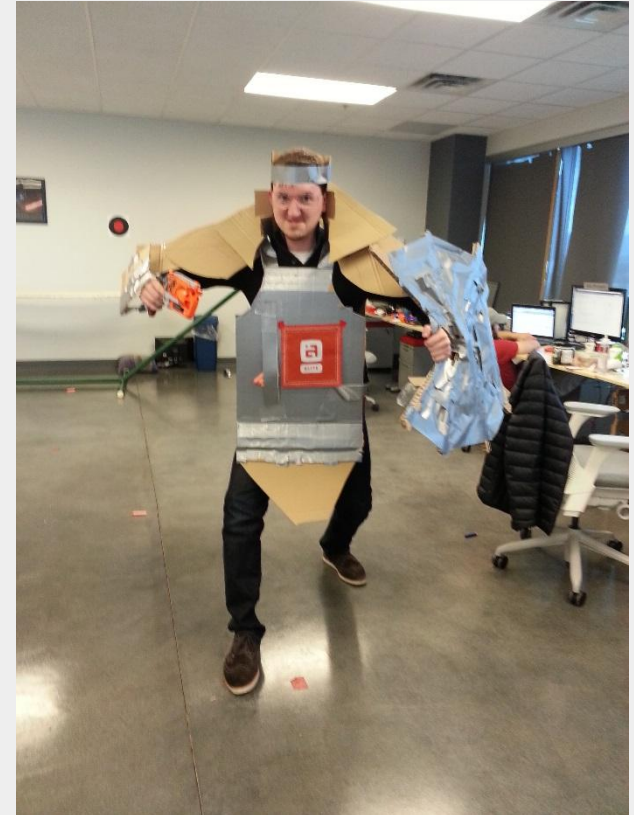


Presentation Time!

- **I don't know!**
- **Repeat the Question!**
- Be comfortable
- Plug in your Computer
- Eyes up and on your audience
- Active keep things moving.

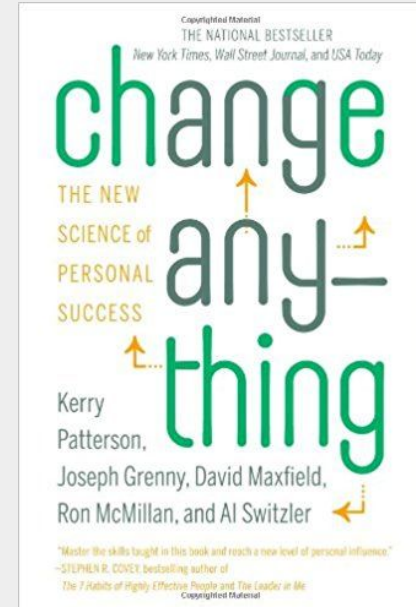
Feedback / Follow up

- Blog about it
- Follow up with attendees from the training
- Put your Armor on



Steps

- Start With Why
- Have Passion
- Tell a Story (David Phillips)
- Pause the introvert
- Willpower is NOT the answer!



Key takeAways

- Pause the Introvert
- Networking, Meet 3 people at the event
- Speaking/Meetups/Schedule Lunch
- Focus on your goal whatever it might be

Speaker: Pat Wright

- 20 years working with Data/Databases
- Was here for y2k(nothing happened)
- 5 failed DW attempts, 1 Success
- SQL Server MVP 2007,2008
- Crashed well over 50 databases in my career.
- Avid Volunteer for community events.
- Run and Manage 2 Users groups(Big Data Utah and Utah PostgreSQL meetup).



Twitter: @sqlasylum

Email: Sqlasylum@gmail.com

[Linkedin:](#)

<https://www.linkedin.com/in/patwright/>

Blog: <https://sqlasylum.wordpress.com/>

Mentor: https://bit.ly/pw_mentor